



# UK Chi Kung Schools



## *Class Terms and Conditions*

### ***Class Details:***

All classes to be held in Wiltshire at various locations. Sign up for each individual location is required via an official form detailing your name and the class you wish to attend. Payment for all classes selected must be attached to the form. Usually, classes run for 12 to 15 weeks and will generally exclude bank holidays.

### ***Suitability:***

Regular classes are probably not suitable for children below the age of 14 years old although individual cases will be considered on merit.

### ***Health and Medical:***

The session is suitable for everyone regardless of age or ability. If you have any doubt about your health condition, you are advised to seek the advice of your GP. By signing up and enrolling you are confirming that you have sought out medical advice and this has been granted with respect to your attendance. You are also requested to bring to the instructors' attention, prior to the start, any condition or injury that may cause you problems during the session. **YOU NEED TO COMPLETE A PAR-Q FORM** before starting your very first session.

### ***Clothing and Equipment:***

Light cotton clothing is recommended. Sufficient clothing to remain warm is also suggested.

### ***Payments and Deposits:***

Full payment must be made in Cash or by Cheque (payable to "MR A WRIGHT") at the time of booking. If booking online you can use "Paypal" to send your fee; please use "paypal@ukcks.org.uk". Please detail your bank guarantee card on the rear of the cheque. You may complete payment at [www.chikung4health.com](http://www.chikung4health.com).

### ***Discounts:***

These are issued from time to time, mainly to people already attending classes.

### ***Cancellation of Booking and Refunds:***

Cancellations must be received at least 8 days prior to the commencement date. In such cases, a full refund or transfer to the next series will be offered. Any cancellations received less than or equal to 7 days from the event date will mean that no refund or transfer can be made. Once you have attended **one or more** sessions no refund can be offered, regardless of the reason although transfer to another series **may** be offered at our discretion.

Bounced or incorrectly written cheques will be subject to additional bank charges at the going rate. If full payment is not received within a 7 day period, county court action is the next stage – the charge for this will be added to the total amount payable.

### ***Etiquette:***

Shoes are optional if you do not have a health condition that would be worsened by not wearing them. Attendees must arrive at least 10 minutes before the start of the class. Any attendee who arrives late may not be admitted; this is at the discretion of the instructor. Attendees should refrain from excessive talking during or prior to the session. Should it be necessary to leave the class (for any reason) you should do so with the minimum of noise and disruption AND have mentioned pre-planned exits before the start of the session.