

TAI CHI **CHI KUNG**

try it
for
FREE!

*See website for
details of locations*



www.chikung4health.com

TRY ONE SESSION OF TAICHI CHI KUNG FOR FREE

Conditions of use: present this ticket to your instructor at your first session of chi kung (UKCKS registered classes only). This ticket admits one person for one class. Existing students do not qualify for free sessions. Thereafter classes will be charged at the standard rates. Please ensure you consult your GP if you are uncertain whether chi kung is suitable for you to do.